

## CURRICULUM VITAE

**SUSAN WINTERMEYER-PINGEL, DNP, MS, RN, ACNS-BC**  
**3640 Barry Knoll Drive**  
**Ann Arbor, Michigan 48108**  
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### ACADEMIC HISTORY

Concordia University, Wisconsin – School of Nursing – Doctor of Nursing Practice, 2022

University of Michigan, Rackham Graduate School – School of Nursing – Postgraduate Completion Program for Acute Care Nurse Practitioner, 1996.

University of Michigan, Rackham Graduate School - Master of Science Degree in Medical – Surgical Nursing, 1990.

University of Michigan, Ann Arbor. Bachelor of Science Degree in Nursing, 1984.

Central Michigan University, Mt. Pleasant Michigan, 1979-80.

### LICENSURE & CERTIFICATION

Michigan Nursing License: #4704148169

Adult Health Clinical Nurse Specialist Certification 2016 – Present.

Board Certified Acute Care Nurse Practitioner, 1997-2007, 2014-2019.

### PROFESSIONAL EXPERIENCE

**2020 – Present: Clinical Instructor, University of Michigan School of Nursing,**

**2021 – Present: Clinical Practice – Center for Next Century Nursing, UMSN**

**2015 – 2019: Clinical Nurse Specialist - 7W Adult Bone Marrow Transplant and 8E Hematology/Surgery, Michigan Medicine**

Provide clinical and leadership support for inpatient Adult Bone Marrow Transplant, Hematology and Surgery units, 7W and 8E. Institutional and unit activity highlights:

- Support nursing staff through participation on Unit Based Committee, Chair Forum
- Successfully co-lead transition of new service (GYO) to units for patient placement changes
- Mentor staff in writing and submitting professional abstracts
- Lead of unit LEAN project addressing BMT Patient Education, attended LEAN interval training

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### PROFESSIONAL EXPERIENCE CONTINUED

- Coordination of staff retreat and CEU application
- Coordination of UMHS Nursing Hematology/Oncology Core Class
- Provide lectures in nursing Chemotherapy Class
- Monitor unit quality indicators
- Collaborate with unit educator to provide staff education, i.e. Clinical Trial protocol. education, CLABSI prevention, fall reduction, proactive toileting, *Safe Patient Handling and Mobility* education
- Lead for area sitter reduction effort
- **C-A-R-E (Comfort And Resources at End of Life)** resources brought to 7W and 8E
- Participation on Michigan Nursing Governance committees - *Research and Translation Committee, Research and Transition, Evidence Based Standards, Professional Development Steering*
- Participation on Cancer Center Pharmaceutical Committee, Safe Medical Device Committee, Nursing Leadership Forum, Cancer Program Nursing Leadership, CNS Forum, Diversity at End of Life Work Group, Heme/Onc CLABSI prevention

### **2000 – 2015: UM Comprehensive Cancer Center (UMCCC) - *Patient and Family Support Services* - Program Manager**

#### **Grief Support Program Manager: (2000–2015)**

Provide and coordinate loss support and referral for UMCCC bereaved families and Cancer Center Staff. Grief Support Program Selected Activities:

- Bereavement cards and packets provided for bereaved families of UMCCC patients
- *Dreams and Wings Flight Day* – Event Chair
- *Candle Lighting for Hope and Remembrance* – Event Chair
- *Grief Support Gatherings* - Presentation, grief activity, remembrance ritual
- **C-A-R-E (Comfort And Resources at End of Life)** provided for Cancer Program areas C-A-R-E items provide support to patients who are dying and their families and include: tear cloths, ceramic hearts, soft hearts, handprints (clay and inkless system), blankets/quilts, *Private Time* door signs; developed and used Health System wide
- *Cancer Center Staff Grief and Loss Rounds* - Open Forums alternate with Educational Sessions Provided for Cancer Center Teams, Inpatient units on various shifts
- Coach Cancer Center Staff in grief/loss activities

#### **UMCCC Patient and Family Advisory Board, Staff Co-Chair: (November 2013–2014)**

Responsibilities included management and administration of the UMCCC *Patient and Family Advisory Board, (PFAB)*.

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PROFESSIONAL EXPERIENCE CONTINUED

**Interim UMCCC Patient Education Program Manager: (November 2013–September 2014)** – Responsibilities included program evaluation, revision, and restructuring of *Cancer Center Patient Education Program*.

**UMCCC PsychOncology Program. (2012-2014).** *Life Images of Today and Tomorrow* – Documentation of cancer journey through digital methods. Originator and Program Coordinator.

**1996–2000: UMHS - Acute Care Nurse Practitioner UMCCC Gynecology Oncology.** Provided care of patients undergoing chemotherapy, monitoring side effects and management of treatment complications.

**1991–1996: UMHS - Clinical Nurse Specialist in Hematology/Oncology/BMT**

- Coordinator of Chemotherapy Class
- Coordinator of Hematology/Oncology Core Class
- Chemotherapy Coordinator for unit on a weekly basis
- Education and clinical leadership for nursing staff
- Participation in multidisciplinary clinical care planning, i.e. medical rounds, patient/family meetings, end of life planning
- Instructor for Junior Nursing Students – University of Michigan School of Nursing
- Policy development and revision in areas of clinical practice, i.e. Management of Chemotherapy Vesicant extravasation and Chemotherapy Administration

**1988–1991: UMHS– Clinical Nurse III Hematology/Oncology**

- Interim Nurse Education Coordinator
- Originator, Coping Through Transitions Grief Support Program
- Patient Classification Unit Chair

**1985–1988: UMHS– Clinical Nurse I and II - Hematology-Oncology**

**March 1984–July 1985: St. Luke's Hospital, Saginaw, Michigan– Registered Nurse.**

- Areas included: Respiratory Rehabilitation, Step-down Cardiac Care with Telemetry, Oncology, Geriatrics, and some surgical areas.

**2001–Present: Support Group Facilitator– Ann Arbor Lamaze Family Center/Michigan Medicine.** Co Facilitator Miscarriage and Newborn Loss Support Group

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### PROFESSIONAL ORGANIZATIONS

- Association of Death Education and Counseling, (2001–2014)
- National Oncology Nursing Society, (1986 to 2000, 2013–2019)
- Local Chapter Oncology Nursing Society, Vice President, (1990); Newsletter Co-Editor, (1989–1990)
- Member of American Nurses' Association, (1985–2000, 2013-Present)

### PUBLICATIONS

Wintermeyer-Pingel, S.A., Murphy, D., Hammelef, K.J. (2013). Improving a Grief and Loss Program: Caring for Patients, Families, and Staff. *Omega: Journal of Death and Dying*. 67(1-2), 233-239. DOI: <http://dx.doi.org/10.2190/OM.67.1-2.z3>.

Wintermeyer-Pingel, S.A., and Colturi, D.L. *Coping through transitions: Guide for the bereaved family*, (1993, 1998, 2008) and *A Bereavement assistance program guide for healthcare professionals*, (1993). The University of Michigan Health System.

Wintermeyer-Pingel, S.A., Reynolds, R.K., Dyer, S., Therrian, T., Ballard, A. (1999) *Gynecology Oncology Patient Handbook*. The University of Michigan Comprehensive Cancer Center.

Coffee R.J., Richards, J.S., Wintermeyer-Pingel, S.A., and LeRoy, S.S. (1996) *Critical Paths – Linking outcomes for patients, clinicians, and payers*. In P.R. Koingstvedt (ed): *The Managed Health Care Handbook*, 3<sup>rd</sup> ed. Gaithersburg: Aspen Publishers, 301-317.

Richards S.J., Kocan, M.J., Monaghan, H., Wintermeyer-Pingel, S.A., and Goldman, E.B. (1994). *Clinical paths and patient care documentation*. In Spath, P.L. (ed): *Clinical Paths –Tools for Outcomes Management*. AHA Publishing, Inc. USA, 33-44.

### POSTER AND ORAL PRESENTATIONS

Wintermeyer-Pingel, S. (2019). *Resources and Support for Those Experiencing Grief, Loss and Bereavement*. University of Michigan School of Nursing, HS 301/501, Palliative Care Elective. Ann Arbor, MI.

Wintermeyer-Pingel, S. Harding, C., Murray, J., (2017). *“The Hands Have It”- Using a unique educational video to improve hand hygiene (HH) compliance*. The National Oncology Nursing Society – 42nd National Congress.

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### POSTER AND ORAL PRESENTATIONS CONTNUED

Harding, C., Lorenz, A., Prusakiewicz, E. and Wintermeyer-Pingel, S.A., (2015-2017). *Bone marrow transplant –inpatient discharge education – structured problem solving A3/LEAN project.* (2017) Lean/Patient Education oral abstract - American Society for Blood and Marrow Transplantation, Orlando Fl. (2016). UMHS Quality Month Poster – Lean/Patient Education, Top 5 Award (2016) UMHS Lean/Patient Education Nursing Poster Day for Research in Translation.

Wintermeyer-Pingel, S.A. (2013). UMCCC Speaker's Bureau – *The Legacy of remembrance: Coping with loss through honoring and remembering.* Michigan Retired Lutheran Teachers. Frankenmuth, MI.

Wintermeyer-Pingel, S.A. and Morris, S. (2012). *The Legacy of remembrance.* Gilda's Club. Royal Oak, MI.

Wintermeyer-Pingel, S.A. (2011). UMCCC Speaker's Bureau, Community Lecture – Parkway Meadows Senior Center, Ann Arbor, MI. *Cancer and loss.* Presented to non-English speaking individuals through interpreter. Ann Arbor, MI.

Wintermeyer-Pingel, S.A. (2010). The Wellness Community of Southeast Michigan. *Dealing with issues of loss related to cancer and its treatment.* Ann Arbor, MI.

Wintermeyer-Pingel, S.A. (2009). UMCCC Speaker's Bureau, Community Lecture – Carpenter Place, Ann Arbor, MI. *Dealing with issues of grief and loss: Strength for the journey.* Ann Arbor, MI.

Wintermeyer-Pingel, S.A. (November 2009, March 2007). University of Michigan School of Nursing, *Resources at life's end: Support for those experiencing grief, loss and bereavement.* (November 2009) – *Communication during difficult situations.* Ann Arbor, MI.

Wintermeyer-Pingel, S.A. and Hammelef, K.H. (2009). *Resources at life's end: support for those experiencing grief, loss and bereavement. Communication during difficult situations.* N573. University of Michigan School of Nursing, Ann Arbor, MI.

Wintermeyer-Pingel, S.A. (2008). Concordia University, SOC 353, Death and Dying. *Resources at life's end: Support for those experiencing grief.* Ann Arbor, MI.

Murphy, D., Hochberg, T., and Wintermeyer-Pingel, S.A. (2008). Loss and Bereavement Specialty Workshop for the Association for Death Education and Counseling, 30<sup>th</sup> Annual Conference. *The Legacy and life project: Meeting the diverse needs of loss.* Montreal, Quebec.

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### POSTER AND ORAL PRESENTATIONS CONTINUED

Wintermeyer-Pingel, S.A. (2007). Instructional Session for Saint Joseph Mercy Health System Conference Urology in Clinical Practice: *Enhancing quality of Life – There is always hope*. Ann Arbor, MI.

Wintermeyer-Pingel, S.A., Murphy, D., and Hochberg, T. (2007). Poster Presentation, Educational DVD, *Moments held: Documenting legacy, life and courage*. The Albert J. Silverman Conference – (2006). 8th World Congress of Psycho-Oncology, Venice, Italy and, Ann Arbor, MI.

Wintermeyer-Pingel, S.A. (2007). *Resources at life's end: Support for the dying, their family, and for the professional*. N505. UM School of Nursing, Ann Arbor, MI.

UMCCC PsychOncology Program. (2006). Co-Lead *Every Word Has Meaning (Breaking Bad News)* project. Supported by donor funds. Repeat presentation presented on October 10, 2013. *Every word has meaning: Communicating with cancer patients & families* pocket cards developed, used UMCCC wide.

Hammelef, K.J., Wintermeyer-Pingel, S.A., Steiger, J., and Riba, M., (2006). Poster Presentation- 8th World Congress of Psycho-Oncology. *Every word has meaning: A Multidisciplinary-system wide approach to achieving communication skills competency*. Venice, Italy.

Wintermeyer-Pingel, S.A. and Embrecht, J. (2005). Poster Presentation - Oncology Nursing Society. *A data base approach to grief and loss program management*. Orlando, FL.

Wintermeyer-Pingel, S.A., (2004). Poster Presentation for National ANA Biennial Convention Education Program–*Professional grief and loss: Providing a sheltering forum for expression, feedback, and validation through staff grief and loss rounds*. Minneapolis, MN.

Wintermeyer-Pingel, S.A., (2003). Abstract Presentation for Oncology Nursing Society. *Professional Grief and loss: Providing a sheltering forum for expression, feedback, and validation through staff grief and loss rounds*. Denver, CO.

Wintermeyer-Pingel, S.A., Scott, S., Hammelef, K.H., (2003). Poster Presentation– 6<sup>th</sup> International World Congress for Psycho-Oncology. *The art of grief*. Banff, Alberta.

Winteremeyer-Pingel, S.A., (1999). Instructional Session. Sexual dysfunction in the female cancer patient. National Oncology Nursing Society Annual Congress, Atlanta, GA.

Wintermeyer-Pingel, S.A. (1995). Instructional Session – Marquette Medical Center. *Nutrition and cancer*. Marquette, MI.

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### POSTER AND ORAL PRESENTATIONS CONTINUED

Wintermeyer-Pingel, S.A. (1994). Instructional Session. *Caring for the patient with lung cancer*. Great Lakes Nursing Conference. Lansing, MI.

Wintermeyer-Pingel, S.A., and Crowley, S. (1994). Abstract Presentation. *Variance data management*. Oncology Nursing Society National Congress. Cincinnati, OH.

Otthmann, E. and Wintermeyer-Pingel, S. (1993). *Critical paths and variance analysis*. The University of Michigan Nursing Leadership Conference. Ann Arbor, MI.

Wintermeyer-Pingel, S.A. (1992). Instructional Session – University of Michigan Medical Center - 6th Annual Cardiology Nursing Symposium, *Coping with loss secondary to chronic and terminal illness*. Ann Arbor, MI.

Werkema, C.M. and Wintermeyer-Pingel, S.A. (March and April 1992). *Social support and the quality of life of significant others of cancer patients: A Qualitative study*. American Cancer Society and Ann Arbor Chapter Oncology Nursing Society.

Werkema, C.M. and Wintermeyer-Pingel, S.A. (1991). *Social support and the quality of life of significant others of cancer patients: A Qualitative study*. Great Lakes Cancer Nursing Conference. Lansing, MI.

Colturi, D.L., & Wintermeyer, S.A., (1989). *Coping through transitions: Dignified support for cancer patients and their families*. Oncology Nursing Forum, 16, (2, Pt.2), Abstract #253.

(1991– Present). Presentations related to coping with cancer, various disease diagnoses, managing cancer treatment and side effects, grief loss and bereavement, and staff support. 2022, UMHS.

### PROFESSIONAL ADVANCEMENTS, HONORS AND AWARDS

Sigma Theta Tau International, Honor Society of Nursing. (2022, 1990)

Nominated for University of Michigan Golden Apple award, Spring 2021.

Wintermeyer, S.A., Morris, S. (2012). UMCCC, Patient & Family Support Services (PFSS) awarded a FRIENDS grant to develop the *Life Images of Today & Tomorrow* photography program for adult patients and their families. Ann Arbor News article in progress. (2014)

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### PROFESSIONAL ADVANCEMENTS, HONORS AND AWARDS CONTINUED

Attended Eight Week Foundations of Leadership Class. (2012). Human Resources. UMHS.

*The ACE Project*, (2008, 2010). *Advocating for Clinical Excellence: Transdisciplinary Palliative Care Education* program supported by a NCI grant from the NIH. Accepted to participate in the ACE Project.

FIGS Grant Received. (2007). *Staff Replenishment Kit Renew. Restore. Replenish* UMCCC PsychOncology Program and Cancer Center Grief and Loss Program.

Grief and Loss Program (2003)– recipient of the Ford Motor Company “Partners in Health” award for UM Cancer Center.

Recipient of the American Cancer Society Masters Scholarship. (1989)

Recipient of the Oncology Nurse Foundation Graduate Scholarship. (1989)

American Cancer Society Masters in Cancer Nursing Scholarship. (1989)

Oncology Nursing Foundation Graduate Scholarship. (1989)

"Practitioner of the Year" Hematology/Oncology Unit, University of Michigan Medical Center. (1988)

Member of Adara (Tower Society – Senior Honor organization for women with outstanding qualities and accomplishments at the University of Michigan). (1983–1984)

### RESEARCH ACTIVITIES

Social Support and the Quality of Life of Significant Others of Cancer Patients: A Qualitative Study. (June 1988 – May 1990)

### CONTRIBUTIONS TO UNIVERSITY OF MICHIGAN, UMHS PROGRAMS/SERVICES

Faculty-Staff-Graduate (FSG) faculty volunteer (Fall 2022). Office of New Student Programs– University of Michigan Mentorship Program.

Wintermeyer-Pingel, S.A. (2022) The Provider Education Module Quality Improvement Project: *The Path of Pregnancy and Perinatal Loss/An Educational Module for Perinatal Nurses* DNP Project.



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CONTRIBUTIONS TO UNIVERSITY OF MICHIGAN, UMHS PROGRAMS/SERVICES, CONTINUED

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Participate on VonVoightlander Women's Hospital unit bereavement committee (2021–Present)

Pregnancy Loss Support Group Facilitator (2001–Present). Michigan Medicine, VonVoightlander Women's Hospital and Ann Arbor Lamaze Family Center.

UMHS Office of Decedent Affairs. (2000–2014). Monthly UH Bereavement Committee Meetings, UMHS *Grief Awareness Week* Activities.

Volunteer at UM Women's Football Academy – Team Leader. Funds support PFSS.

Consult with nursing units regarding professional nursing loss, i.e. CCMU. (2006)

Preceptor for School of Nursing Leadership Clinical Section. (2006)

Support/Discussion Group Co-Facilitator. (January 2000–May 2000). Gynecology/Oncology, Co-Facilitated with Social Work.

Support/Discussion Group Co-Facilitator. (1988-1996). Hematology/Oncology, Co-Facilitated with Social Work.